

# Raptors Hockey Club

2022-23 Squirt A Program Guide

## **ORGANIZATION**

## **Affiliation:**

Raptors Hockey Club is a member of USA Hockey under the local affiliate Carolina Amateur Hockey Association (CAHA)

## **Memberships:**

Carolinas Hockey League (CHL)
Carolina Hockey Alliance (CHA)

# Organization Executives:

- Stan Misthios
- Ed Levens



## **RAPTORS Hockey Club**

## **Philosophy:**

In just 4 seasons, Raptors Hockey Club has quickly emerged as the "Organization of Culture" for youth hockey in Raleigh, NC.

Raptors HC provides an environment that will encourage our Coaches and Team Managers to act with autonomy to nurture and develop guidelines that will cater to the needs of the specific players and families on their team.

Raptors HC will work with Player Development and Player Advancement as our primary goal and guiding principle. Families of the hockey community will continue to look to us to provide a positive, structured, supportive, competitive, safe, and fun environment for their kids – and we will do everything to accept, respect, flourish and deliver under these responsibilities that we take seriously.

Raptors HC will continue to prioritize providing hockey families with more ice time, more programming, and more accountability for lower registration fees than the other local hockey groups.



## PEEWEE 2009 TEAM

## **Team Staff:**

Head Coach - Jason Hall

Team Manager - TBD

Asst Coach - Alex Rivers

Asst Coach – Ken DiOrio

Asst Coach - tba

## **Team Roster:**

Team will roster a total of 14 or 15 players.

(Either 9/4/1 or 9/5/1 or 8/5/1 or 8/4/2 or 8/5/2)

## **Competitive Level:**

Squirt A (2012 & 2013 birth year)

\*If team plays is CHL, the league will have a pre-season Play In Tournament on wknd of Aug 20-21 to determine the level the team would play in the league.



## **HOME ICE**

- The Raptors Hockey Club will once again <u>contract</u> its ice slots for consistency of home game times:
  - Saturday's for 3 games. Saturday home games during the 2020-21 season were 3:15pm & 4:45pm & 6:15pm @ Factory Wake Forest, per contracted ice.
  - Sunday's for 3 games. Most Sunday home games during the 2020-21 season were 8:15am & 9:45am & 11:45am @ Factory Wake Forest, per contracted ice.
- Allotted Ice Time for Games: 75 & 90 min
- Minimum number of Home weekends: 6
  - Potential for adding a 7<sup>th</sup> home weekend as practice or games.



## **GAMES**

#### The team will plan to play in the CHL consisting of:

- 16 Games = "Home & Home" CHL area matchups vs. 4 Teams.
- 12 Games = 3 Tournaments (potential for extra games)
- 8 Games = "Home & Home" Exhibition Games

#### 2022-23 H&H Targets will be (some of which are already locked in):

The St.James Lynchburg Coyotes Queen City Royals Pineville Falcons

Jr. Hurricanes Cape Fear Warriors Triad Storm Roanoke Railyard Dogs

**Tournament location targets could include:** 

Raleigh, NC. D.C. Area Hershey, PA Charlotte, NC Charleston, SC Philadelphia, PA

Total Games: 36, of which 16-22 will be games in Raleigh.



# ONCE THE PASSION FOR TRAINING HAS BEEN IGNITED... DREAMS CAN COME TRUE !!!





## **ICE TIME & DEVELOPMENT**

### **Team Training Camp:**

• 3 Sessions On ice, 1hr/session. Raptors SQA team will be the **only** team on the ice.

#### On Ice Team Practice:

• 1 weekly practice, where Raptors SQA team will be the only team on the ice.

#### **Weekend On Ice Practice:**

Potential for team to pick up available Raptors ice slots. (90 min sessions)

#### On Ice Development:

- 1.25 Hours Weekly @ Factory Wake Forest in Prime Time Hockey's YDP Session. (Mondays\*)
- 1 Hour Weekly @ Factory Wake Forest in Prime Time Hockey's YDP Session. (Thursdays\*)

**Total On Ice for Team Practice & Development: 81 Hours!** 



<sup>\*</sup>was schedule for PTH YDP during the 2021-22 Fall/Winter Season

# **Pre Season Training Camp**

Will Take place in August 2022, featuring both ON and OFF ICE team building sessions daily:

#### OFF ICE FEATURES

- Player Handbook
- Individual and Team Goal Setting
- Hockey System Implementation
- Personal Brand Statements
- Personal ABC's
- Concussion Symposium
- Nutrition Guidelines
- Fitness Evaluation
- Agility and Strength Work
- Team Lunch and/or dinner

#### ON ICE FEATURES

- Hockey System Implementation
- Agility and Strength Work
- Player Evaluations
- PTH Hockey Instruction
- Power Skating
- Shooting and Scoring
- Puck Control
- Skating Treadmill
- Passing & Puck Movement
- Defensive Zone Coverage



## **EXTRA TRAINING & DEVELOPMENT**

The team will take full advantage of the Prime Time Hockey training facility with:

- 10 (90-min) Training sessions for an additional 15 hours of training & development.
- These sessions will be structured as:
  - 30min Skating Treadmill Training
  - 60min Specialized Shooting Training





#### SPECIALIZED EXTRA TRAINING & DEVELOPMENT

# ALL Raptors Squirt players will receive 1 complimentary semi-private lesson from Prime Time Hockey:

- Sessions will take place during the Stick/Puck ice times or "Hockey Camp" ice times offered at Factory Ice House.
- \*Families will be required to cover the cost for Stick/Puck Registration





## THE DEVELOPMENT PROCESS

Part of the Development Process for the Raptors Squirt Team will be to have an open line of communication with players and parents thru Individual Evaluations.

The coaching staff will conduct individual player evaluations 3 times during the hockey season:

- 1) Post Training Camp Evaluation. (Written & In person)
- 2) Mid-Season Evaluation. (Written)
- 3) Final Evaluation at Season's End. (Written & In Person)



## **OUR COLORS**





## **COMMUNITY SERVICE**

The Raptors Hockey Club is very big on Community Service. In addition to developing our players on the ice, we ALWAYS aim to have our players help to develop and improve parts of our local community.

It will be a goal to have our entire Raptors Squirt A team to participate together in a minimum of 3 hours of Community Service.



















## **VALUE**

## We ENCOURAGE you to compare:

- 96 Total Hours of Training & Development
- 74 Total Hours of Training & Development under the supervision of a professional training staff with over 30 years of experience working and directing advanced Skating and Hockey curriculums
- 36+ Hockey Games
- Set days and location for Home Games

### All for a Registration Fee of \$3,725

\*Equipment & Apparel package will be between \$485-\$525. An 'A La Cart" menu will be made available for returning Raptors that don't require entire package.



# **Payment Options**

There will be 4 options available for payment of registration fees.

All payments made by credit card will be subject to an additional 3% fee.

## **Option 1: Full Payment**

- Full payment of \$3,675 upon signing
- \$50 discount from full fee of \$3,725

### **Option 3: 4 Payments**

- \$1,175 upon signing
- \$900 July 2, 2022
- \$850 July 30, 2022
- \$800 on August 26, 2022

## **Option 2: 3 Payments**

- \$1,475 upon signing
- \$1,250 July 18, 2022
- \$1,000 August 18,2022

## **Option 4: 5 Payments**

- \$925 upon signing
- \$800 July 5, 2022
- \$700 July 29, 2022
- \$650 on August 20, 2022
- \$550 on September 10, 2022



## **EQUIPMENT PACKAGE**

#### **Included as part of the Raptors Peewee 09 package:**

- Personalized, high quality Home and Away game jerseys.
- High quality Home and Away game socks.
- Personalized, high quality canvas hockey bag.
- High quality, 3-color pant shells.
- Track suits, jacket & pants.
- Pair of dry-fit athletic shorts.
- Dry-fit athletic tee shirt.
- Helmet Stickers

#### **Optional equipment add on:**

- Customized Raptors hockey gloves.



\*Players must provide their own white helmet.





## **#1 REASON TO BE A RAPTOR ???**

#### Easy...!

Because after all of the ice time, the development, the culture, and the value - when it comes to the kids and our families...we just know how to have the most fun and create the best memories !!!



# **NOTES**

