



Raptors Hockey Club

2022-23 U16 AA Program Guide

ORGANIZATION

Affiliation:

Raptors Hockey Club is a member of USA Hockey under the local affiliate Carolina Amateur Hockey Association (CAHA)

Memberships:

Carolinas Hockey League (CHL)

Carolina Hockey Alliance (CHA)

Organization Executives:

- Stan Misthios
- Ed Levens



RAPTORS HOCKEY CLUB

Raptors HC supports its teams with on and off ice Player Development and Player Advancement. Guiding principles include providing a positive, structured, supportive, competitive, safe, and fun environment in which players will find acceptance and respect so they may flourish into strong, skilled hockey competitors.

Raptors HC encourages open communication among coaches, parents and players.



DEVELOPMENT FOCUS

Evaluations will be conducted to provide feedback and communication to players and parents throughout the season.

Coaching staff will conduct individual player evaluations at key intervals during the hockey season:

- 1) Post Training Camp Evaluation
- 2) Mid-Season Evaluation
- 3) Final Evaluation at the end of season



ICE TIME & DEVELOPMENT

Pre-Season Team Training Camp:

- 6 Hours On Ice (3 days @ 4 sessions, 1.5hrs/daily)

2 Hours Weekly On Ice Practice:

- Midweek sessions
- 60 min sessions, just U16AA Team on the ice

Total On Ice for Team Practice & Development : 54 Hours



PRE-SEASON TRAINING CAMP

August 2022, featuring both ON and OFF Ice team building sessions daily :

OFF ICE

- Individual and Team Goal Setting
- Player Handbook
- Hockey System Implementation
- Personal Brand Statements
- Personal ABC's
- Concussion Symposium
- Nutrition Discussion
- Fitness Evaluation
- Agility and Strength Work
- Team Lunch and/or dinner

ON ICE

- Hockey System Implementation
- Agility and Strength Work
- Player Evaluations
- PTH Hockey Instruction
- Power Skating
- Shooting and Scoring
- Puck Control
- Skating Treadmill
- Passing
- Defensive Zone Coverage



GAMES

The team will play in the AA Division of the CHL, or possibly transition to an Independent schedule :

- 16 Games = CHL Schedule
- 4 Games = "Home & Home" matchups vs. 2 Teams
- 16 Games = 4 Tournaments (4 games plus potential for extra games)
- 2 Games = Exhibition Games*

Total Games: 38* (if additional exhibitions are offered)

**Potential for extra games*



Extra AAA Tournament Opportunity



The Raleigh Raptors are a founding Member Club of the Carolina Alliance. This initiative is a joint effort of several CAHA Tier 2 Clubs to provide select players the opportunity to play 10-15 additional games at AAA tournaments.

Summer Tryout session to select players from the member hockey clubs that will play in 2 AAA tournaments to take place June 4-5 in Raleigh, NC.

**The fee for Carolina Alliance in 2021-22 was \$500*



2021-22 2006 Team

Games	-	8
Wins	-	5
Loss	-	3
Tie	-	0
GF	-	25
GA	-	20



HOME ICE

- The Raptors Hockey Club will once again contract its ice slots for consistency of home game times:
 - **Saturday's for 3 games.** Saturday home games during the 2020-21 season were 3:15pm & 4:45pm & 6:15pm @ Factory Wake Forest, per contracted ice.
 - **Sunday's for 3 games.** Most Sunday home games during the 2020-21 season were 8:15am & 9:45am & 11:15am @ Factory Wake Forest, per contracted ice.
- Allotted Ice Time for Games : 75 & 90 min
- Minimum number of Home weekends : 6
 - Potential for adding a 7th home weekend as practice or games.



COMMUNITY SERVICE

In addition to developing our players on the ice, Raptors HC encourages its players to help develop and contribute to our local community.

An important team goal will be a full team event to participate in 3 hours of Community Service.

Specific details will be decided by the team after the final roster is selected.



Over the years the team organized Care Packages for local families that were hit hard by tornado outbreaks. This past season, the team made a HUGE contribution to the Toys For Tots Christmas to drive, resulting in a big number match of push-ups for Coach Tom!



RAPTORS U16 AA TEAM

Team Staff:

Head Coach – Tom Dixon

Assistant Coaches

- Bill Benesky
- Chris Winter
- TBD

Team Manager – TBD

Team Roster:

Team will roster a total of 18 or 19 players.



OUR COLORS



EQUIPMENT PACKAGE

Included as part of the package:

- Personalized, high quality Home and Away game jerseys.
- High quality Home and Away game socks.
- High quality, 3-color pant shells.
- Personalized, high quality canvas hockey bag.
- Pair of dry-fit athletic shorts.
- Dry-fit athletic tee shirt.
- Track suits, jacket and/or pants.
- Helmet Stickers

Optional equipment add on:

- Customized Raptors hockey gloves.



**Equipment & Apparel package will be between \$485-\$525, pending any added options.*

**Players must provide their own white helmet.*



VALUE

We encourage you to compare:

- 62 Total Hours of Training & Development
- Training & Development under the supervision of a Development Staff with over 45 years of experience working and directing advanced Skating and Hockey curriculums
- Team only on the ice for 2 practices per week
- Individual evaluations to track player development
- 40+ Hockey Games
- Set days and location for Home Games



All for a Registration Fee of \$3,725*

** Equipment & Apparel package \$485-\$525. An 'A La Carte' list will be available for returning players who do not need the entire package.*



REGISTRATION FEE PAYMENT OPTIONS

Option A: Full Payment

- Full payment of \$3,675 upon signing
- \$50 discount from full fee of \$3,725

Option B: 3 Payments

- \$1,325 upon signing
- \$1,200 July 18, 2022
- \$1,200 August 20, 2022

Option C: 4 Payments

- \$1,125 upon signing
- \$950 July 3, 2022
- \$850 July 29, 2022
- \$800 on August 21, 2022

All payments made by credit card will be subject to an additional 3% fee.



FAQ's

Q. Who chooses the tournaments?

A. Choice will be the decision of the Team.

Q. Where will the team be based for practices and training?

A. Practices and training will be held primarily at the Factory in Wake Forest.

Q. What is the path for future development?

A. The Raptors have a very strong, competitive U18 program. Ed Levens is returning as coach for the team this upcoming season.



Thank you!

We look forward to the upcoming 2022-23 hockey season and hope the Raptors will be considered for your player. Please feel free to contact us with any questions.

