

# Raptors Hockey Club

2023-24 Peewee A Program Guide

# ORGANIZATION

### **Affiliation:**

Raptors Hockey Club is a member of USA Hockey under the local affiliate Carolina Amateur Hockey Association (CAHA)

### **Memberships:**

Carolinas Hockey League (CHL) Carolina Hockey Alliance (CHA)

#### Organization Executives:

- Stan Misthios
- Ed Levens
- Pamela Mitchell
- Richard Tooke



# **RAPTORS Hockey Club**

### **Philosophy:**

In just 5 seasons, Raptors Hockey Club has quickly emerged as the "Organization of Culture" for youth hockey in Raleigh, NC.

Raptors HC provides an environment that will encourage our Coaches and Team Managers to act with autonomy to nurture and develop guidelines that will cater to the needs of the specific players and families on their team.

Raptors HC will work with Player Development and Player Advancement as our primary goal and guiding principle. Families of the hockey community will continue to look to us to provide a positive, structured, supportive, competitive, safe, and fun environment for their kids – and we will do everything to accept, respect, flourish and deliver under these responsibilities that we take seriously.

Raptors HC will continue to prioritize providing hockey families with more ice time, more programming, and more accountability for lower registration fees than the other local hockey groups.



# **PEEWEE A 2023-2024 TEAM**

### **Team Staff:**

Team Manager – TBD

Asst Coach – TBD

Asst Coach – TBD

Asst Coach - TBD

### **Team Roster:**

Head Coach – Thomas Peckham Team will roster a total of 16 or 17 players. (Either 9/5/1 or 9/5/2 or 9/6/2) **Competitive Level:** Peewee A (2011 & 2012 birth year) \*If team plays in CHL, it will be targeting the equivalent of Upper A.



# HOME ICE

- The Raptors Hockey Club will once again contract its ice slots for consistency of home game times:
  - Saturday's for 4 games. Saturday home games during the 2022-23 season were 3:15pm & 4:45pm, 6:15pm & 7:45pm @ Factory Wake Forest, per contracted ice.
  - Sunday's for 4 games. Most Sunday home games during the 2022-23 season were 6:45am, 8:15am & 9:45am & 11:45am @ Factory Wake Forest, per contracted ice.
- Allotted Ice Time for Games: 75 & 90 min
- Minimum number of Home weekends : 6
  - Potential for adding a 7<sup>th</sup> home weekend as practice or games.



### GAMES

The team will plan to play in the CHL consisting of:

- 16 Games = "Home & Home" CHL area matchups vs. 4 Teams.
- 16 Games = 4 Tournaments (potential for extra games)
- 8 Games = "Home & Home" Exhibition Games

#### **2022-23 H&H Targets will be (some of which are already locked in)** :

The St.James	Lynchburg Coyotes	Queen City Royals	NC Golden Bears
Jr. Hurricanes	Cape Fear Warriors	Triad Storm	Roanoke Railyard Dogs

Tournament location targets could include: Raleigh, NC. D.C. Area Hershey, PA Tampa, FL Charleston, SC Hampton Roads, VA

#### Total Games: 40, of which 16-22 will be games in Raleigh.



#### ONCE THE PASSION FOR TRAINING HAS BEEN IGNITED... DREAMS CAN COME TRUE !!!







#### Here are some players that your Raptors Peewee Trainers Staff worked with when they were just kids...

Top Left Clockwise - Brent Burns, Trevor Daley, Daniel Carcillo, Tyler Seguin, Warren Foegele, John Tavares, Malcolm and PK Subban, Joshua Ho Sang, Michael Cammalleri, Michael Vernace, Anthony Nigro, Matthew Pelech, Daniel Girardi, Chris Terry.







# **ICE TIME & DEVELOPMENT**

### **Team Training Camp:**

• 5 Sessions On ice, 60 or 90min/session. Raptors PWA team will be the only team on the ice. Total On Ice for Training Camp will be 6hrs.

### **On Ice Team Practice:**

• 1 weekly practice, where Raptors PWA team will be the only team on the ice.

### **Weekend On Ice Practice:**

Potential for team to pick up available Raptors ice slots. (75 or 90 min sessions)

### **On Ice Development:**

- 1 Hour Weekly @ Factory Wake Forest in Prime Time Hockey's Weekly Classes. (Mondays\*)
- 1 Hour Weekly @ Factory Wake Forest in Prime Time Hockey's Weekly Classes. (Tues or Thurs\*) \*was schedule for Raptors PWA during the 2022-23 Fall/Winter Season

#### **Total On Ice for Team Practice & Development : 78 Hours!**



# **Pre Season Training Camp**

Will Take place in August 2023, featuring both ON and OFF ICE team building sessions daily :

#### OFF ICE FEATURES

- Player Handbook
- Individual and Team Goal Setting
- Hockey System Implementation
- Personal Brand Statements
- Personal ABC's
- Concussion Symposium
- Nutrition Guidelines
- Fitness Evaluation
- Agility and Strength Work
- Team Lunch and/or dinner

### ON ICE FEATURES

- Hockey System Implementation
- Agility and Strength Work
- Player Evaluations
- PTH Hockey Instruction
- Power Skating
- Shooting and Scoring
- Puck Control
- Skating Treadmill
- Passing & Puck Movement
- Defensive Zone Coverage



# **EXTRA TRAINING & DEVELOPMENT**

The team will take full advantage of the Prime Time Hockey training facility with:

- 10 (90-min) Training sessions for an additional 15 hours of training & development.
- These sessions will be structured as:
  - 30min Skating Treadmill Training
  - 60min Specialized Shooting Training

\*Potential for the team's coaches to add classroom or dryland training to these sessions.





### **SPECIALIZED EXTRA TRAINING & DEVELOPMENT**

#### ALL Raptors Peewee A players will receive 1 complimentary semi-private lesson from Prime Time Hockey:

• Sessions will take place during the Stick/Puck ice times or "Hockey Camp" ice times offered at Factory Ice House.

#### • Sessions will be 60 minutes in length \*Families will be required to cover the cost for Ice Rental





### THE DEVELOPMENT PROCESS

Part of the Development Process for the Raptors Peewee A Team will be to have an open line of communication with players and parents thru Individual Evaluations.

The coaching staff will conduct individual player evaluations 3 times during the hockey season:

- 1) Post Training Camp Evaluation. (Written & In person)
- 2) Mid-Season Evaluation. (Written)
- 3) Final Evaluation at Season's End. (Written & In Person)

\*Coaching Staff will also provide monthly progressive evaluation for the players.



### **OUR COLORS**





### **COMMUNITY SERVICE**

The Raptors Hockey Club is very big on Community Service. In addition to developing our players on the ice, we ALWAYS aim to have our players help to develop and improve parts of our local community.

It will be a goal to have our entire Raptors Peewee A team to participate together in a minimum of 3 hours of Community Service.















### VALUE

#### We ENCOURAGE you to compare:

- 94 Total Hours of Training & Development
- 66 Total Hours of Training & Development under the supervision of a professional training staff with over 30 years of experience working and directing advanced Skating and Hockey curriculums
- 40+ Hockey Games
- Set days and location for Home Games

#### All for a Registration Fee of \$4,195

\*Equipment & Apparel package will be between \$515-\$545. An 'A La Cart" menu will be made available for returning Raptors that don't require entire package.



# **Payment Options**

There will be 4 options available for payment of registration fees. All payments made by credit card will be subject to an additional 3% fee.

### **Option 1: Full Payment**

- Full payment of \$4,145 upon signing
- \$50 discount from full fee of \$4,195

### **Option 3: 4 Payments**

- \$1,375 upon signing
- \$1,050 June 12, 2023
- \$975 July 18, 2023
- \$795 on August 26, 2023

### **Option 2: 3 Payments**

- \$1,865 upon signing
- \$1,325 July 8, 2023
- \$1,000 August 15,2023

### **Option 4: 5 Payments**

- \$975 upon signing
- \$900 June 12, 2023
- \$850 July 14, 2023
- \$775 on August 16, 2023
- \$695 on September 8, 2023



# **EQUIPMENT PACKAGE**

#### Included as part of the Raptors Peewee A package:

- Personalized, high quality Home and Away game jerseys.
- High quality Home and Away game socks.
- Personalized, high quality canvas hockey bag.
- High quality, 3-color pant shells.
- Track suits, jacket & pants.
- Pair of dry-fit athletic shorts.
- Dry-fit athletic tee shirt.
- Helmet Stickers

#### Optional equipment add on:

- Customized Raptors hockey gloves.

\*Equipment & Apparel Package was \$515 in 22-23. It will be similar for 23-24.

\*Players must provide their own white helmet.







# **#1 REASON TO BE A RAPTOR ???**

#### Easy...!

Because after all of the ice time, the development, the culture, and the value - when it comes to the kids and our families...*we just know how to have the most fun and create the best memories* !!!



### **NOTES**

