



Raptors Hockey Club

2024-25 U15 Selects Program Guide

Hybrid Weekly & Weekend Practice Model

AAA Tournament Schedule Team

ORGANIZATION

Affiliation:

Raptors Hockey Club is a member of USA Hockey under the local affiliate Carolina Amateur Hockey Association (CAHA)

Memberships:

Atlantic Coast Hockey Conference (ACHC)
Carolina Hockey Alliance AAA (CHA)
Carolinas Hockey League (CHL)

Organization Executives:

- Stan Misthios
- Ed Levens
- Richard Tooke



RAPTORS Hockey Club

Philosophy:

In just 6 seasons, Raptors Hockey Club has quickly emerged as the **“Organization of Culture”** for youth hockey in Raleigh, NC.

Raptors HC provides an environment that will encourage our Coaches and Team Managers to act with autonomy to nurture and develop guidelines that will cater to the needs of the specific players and families on their team.

Raptors HC will work with Player Development and Player Advancement as our primary goal and guiding principle. Families of the hockey community will continue to look to us to provide a positive, structured, supportive, competitive, safe, and fun environment for their kids – and we will do everything to accept, respect, flourish and deliver under these responsibilities that we take seriously.

Raptors HC will continue to prioritize providing hockey families with more ice time, more programming, and more accountability for lower registration fees than the other local hockey groups.

See the next slide for an illustration of how our culture and approach off the ice provides direct, impactful results on the ice!!



WINNING Off the ice = WINNING On the Ice !



2023-2024

WIN 2 of the 3 NC Championships to represent CAHA at USA Hockey Nationals at Tier2

2022-2023

WIN 1 of the 3 NC Championships to represent CAHA at USA Hockey Nationals at Tier2



2023-2024

Of the 6 teams that the Raptors had in the CHL - 3 of them WON the CHL Championship (50% winning rate)

2022-2023

Raptors had 10 teams play in the league – 5 of them WON the CHL Championship (50% winning rate), and 2 others finishing as runner up finalist.



2023-2024

Raptors had more players selected to the rosters than any other Club, making up 45.7% of the total players chosen at tryouts.

2022-2023

Raptors had 34.8% of the players selected to the final rosters – more than any other Club.



2023-2024

For the Inaugural season of the ACHC, the Raptors had teams participate in each of the 2 divisions that the new Conference launched.

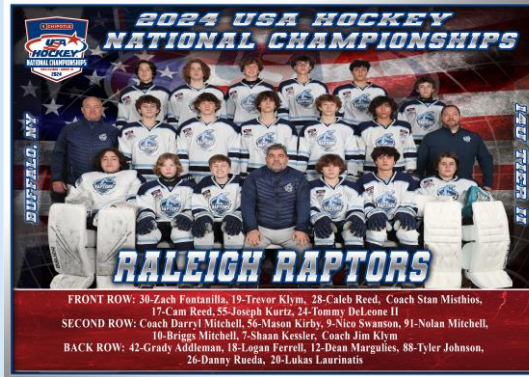
No Championships, but 1 of our 2 teams gave themselves a chance by reaching the Finals.



What a season for our 2023/24 U14 2009 Team!!!

Accomplishments:

- ❖ ECC Labor Day Cup Champions
 - Played against AAA/AA Teams
- ❖ HTP Irish South Bend Cup Champions
 - Went Undefeated in the tournament
- ❖ International Silver Stick Regional Champions
 - Went Undefeated in the tournament
- ❖ CAHA State Champions for North Carolina
 - Went Undefeated in the tournament
- ❖ USA Hockey Nationals
 - Went undefeated through the Semi finals
 - Only Team from NC to reach the playoffs in 2024.
 - Lost in the Championship Game in Overtime
 - 9 players were touted by scouts for future hockey opportunities.



U15 2009 AAA Tournament Select Team

Team Staff:

Head Coach – Stan Misthios

Team Manager – Pamela Mitchell

Asst Coach – Jim Klym

Asst Coach – Darryl Mitchell

Asst Coach – Parker Jones

Team Roster:

Team will roster a total of 17-19 players.

(Either 9/7/2, 10/6/2 or 11/6/2)

Competitive Level:

U15 AAA Tournaments (2009 birth year)*

**The team will play a AAA schedule in AAA Tournaments and Showcases. The team could decide to mix in some elite AA opponents to its schedule – especially if it facilitates in gaining some home games in Raleigh, NC*



THE 2024-25 PLAN : Additional Objectives this year!

2023-2024 Opened The Door!

Among the several successes that the Raptors 2009's enjoyed last season – one that we are very proud of this that several of our players were recognized for their talent by multiple scouts and talent evaluators at the 'NEXT LEVEL'

This past season, multiple players from our team were approached by scouts from USA Hockey's Junior system – including the NAHL...the 2nd highest level of Junior in all of USA Hockey.



2024-2025 Plan

Our Raptors 2009's will be playing a AAA schedule. We have registered and been confirmed for participation in 8 different AAA events for the upcoming 2024-25 season. This will continue the path that we started on last year with providing our players the opportunity of showcasing their talent at events that will have multiple scouts and evaluators.

Additional Objective for the 2024-25 Season:

The coaching staff of the Raptors 2009's will take very seriously the responsibility to promote, showcase and help our players who are looking to get to the 'next level' in their hockey experience. We pledge full transparency throughout the entire process to the families on our team, and we are excited for the opportunity and hockey journey that our kids have paved for themselves in this upcoming 2024-25 season..



HOME ICE

- The Raptors Hockey Club will once again contract its ice slots for consistency of home game times:
 - **Saturday's for 4 games.** Saturday home games during the 2022-23 season were 3:15pm & 4:45pm, 6:15pm & 7:45pm @ Factory Wake Forest, per contracted ice.
 - **Sunday's for 4 games.** Most Sunday home games during the 2022-23 season were 6:45am, 8:15am, 9:45am & 11:15am @ Factory Wake Forest, per contracted ice.
- Allotted Ice Time for Games : 75 & 90 min
- Minimum number of Home weekends : 2
 - Potential for adding a 3rd home weekend as practice or games.

This season the team will be holding 16 practices on weekends. They will take place using the ice slots that the Club uses for Home Games. This slide illustrates some of the times that the team will practice for a particular weekend.



GAMES

Like its first 6 seasons, the team will play an independent schedule, this year consisting of AAA tournaments:

- 8 Games = "Home & Home" matchups vs. 2 Teams
- 32-36 Games = 8 AAA Tournaments and Showcases (potential for extra games)

Some 2024-25 H&H Targets will include (not all of these will be selected) :

The St. James**

Queen City Royals*

Reston Raiders*

Richmond Generals**

NC Golden Bears*

Montgomery Blue Devils*

Atlanta Fire*

**Teams played in 2024-25 Season **Teams played in 2023-24 Season.*

It is anticipated that the team will once again be very competitive, and as a result families should be prepared at times to travel further than the team has in its previous 6 seasons. Families should be prepared to make an extra trip to some but not all the following locations:

D.C. Area

Charlotte, NC

Buffalo, NY

Hershey, PA

Nashville, TN

Grand Rapids, MI

Detroit, MI

Chicago, IL

Pittsburgh, PA*

Rochester, NY

Boston, MA

Coral Gables, FL

Total Games: Range of 40-46



ICE TIME & DEVELOPMENT

Pre-Season Team Training Camp:

- 6 Hours On Ice (4 days @ 1.5hrs/daily, or possibly transition to full weekend)

On Team Ice Practice:

- 1 Hour Weekly (80% Wednesdays 5:30pm, 90% Cary Ice House, 10% Factory Wake Forest)*
- 1 Hour Weekly (Tuesdays 6:00pm, Factory Wake Forest)
- Over 22 Hours of Practice will take place on weekends. These sessions will be scheduled a minimum of 1 session on a Saturday followed by a session on the Sunday.

***Raptors U15 2009's will be the only team on the ice during these On Ice Practice sessions**

**Based upon the expected make up of the final roster, it is likely that most if not all of the Wednesday Team Practice sessions will be in south Raleigh (Cary Ice House) for 2024-25 season.*

Additional On Ice Development:

1 Hour Weekly, Mondays 8:30pm @ Factory Wake Forest (Skating, Edgework, Agility, and Puck Control)

* 6 players will rotate tri-weekly into Prime Time Hockey's Weekly On Ice Class

Total On Ice for Team Practice & Development : Over 86 Hours!



Pre Season Training Camp

Will take place in August 2024, featuring both ON and OFF ICE team building sessions daily :

• OFF ICE FEATURES

- Player Handbook
- Individual and Team Goal Setting
- Hockey System Implementation
- Personal Brand Statements
- Personal ABC's
- Concussion Symposium
- Nutrition Guidelines
- Fitness Evaluation
- Agility and Strength Work
- Team Lunch and/or dinner

• ON ICE FEATURES

- Hockey System Implementation
- Agility and Strength Work
- Player Evaluations
- PTH Hockey Instruction
- Power Skating
- Shooting and Scoring
- Puck Control
- Skating Treadmill
- Passing & Puck Movement
- Defensive Zone Coverage



EXTRA TRAINING & DEVELOPMENT

The team will take advantage of the Prime Time Hockey training facility:

- 6 90-min Team Training sessions for an additional 9 hours of training & development
- These sessions will incorporate each of the following training categories:
 - Skating Treadmill
 - Shooting Range
 - Off Ice Fitness/Work Out
 - Video Review



SPECIALIZED EXTRA TRAINING & DEVELOPMENT

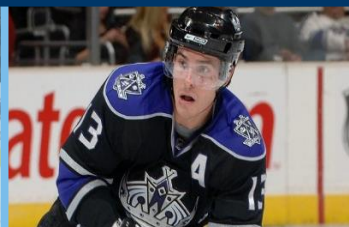
ALL Raptors U15 2009 players will receive 1 complimentary semi-private lessons from Prime Time Hockey:

- Sessions will take place during the “Hockey Camp” ice times offered at Factory Ice House or other Polar ice House facilities
- Sessions will be 60 minutes in length

**Families will be required to cover the cost for rink fees.*



ONCE THE PASSION FOR TRAINING HAS BEEN IGNITED... DREAMS CAN COME TRUE !!!



Here are some players that your Raptors U15 2009 Head Coach worked with when they were just kids...

Top Left Clockwise - Brent Burns, Trevor Daley, Daniel Carcillo, Tyler Seguin, Warren Foegele, John Tavares, Malcolm and PK Subban, Joshua Ho Sang, Michael Cammalleri, Michael Vernace, Anthony Nigro, Matthew Pelech, Daniel Girardi, Chris Terry.



THE DEVELOPMENT PROCESS

Part of the Development Process for the Raptors U15 2009's will be to have an open line of communication with players and parents thru Individual Evaluations.

The coaching staff will conduct individual player evaluations 3 times during the hockey season:

- 1) Post Training Camp Evaluation. (Written & In person)
- 2) Mid-Season Evaluation. (Written with In person optional)
- 3) Final Evaluation at Season's End. (Written & In Person)



OUR COLORS



COMMUNITY SERVICE

In addition to developing our players on the ice, Raptors HC will aim to have our players help develop and improve parts of our local community.

It will be a goal to have our entire U15 2009 team participate together in a minimum of 3 hours of Community Service.



During the team's first 6 seasons, the Raptors created and delivered a huge care package for U.S. Troops stationed overseas, filled Xmas Stockings for both a senior citizens home and kids that were impacted by Hurricane Florence, organized a Xmas food drive, cleaned a local Creek and neighborhood, and just last year volunteered at a local Raleigh food bank. The team has also participated in the JDRF One Walk for Type 1 Diabetes awareness and fundraising. In 23/24 the kids volunteered at a local Food Bank of North Carolina.



VALUE

We ENCOURAGE you to compare:

- 102 Total Hours of Training & Development.
- 102 Total Hours of Training & Development under the supervision of a Head Coach with over 30 years of experience working and directing advanced Skating and Hockey curriculums.
- 40+ Hockey Games.
- Specialized professional off-season workout training program
- Set days and location for Home Games & Weekend Practices.

All for a Registration Fee of \$4,895

**Equipment & Apparel package for 2023-24 was \$535. An 'A La Cart' menu will be made available for returning Raptors that don't require entire package.*



Payment Options

There will be 4 options available for payment of registration fees.

All payments made by credit card will be subject to an additional 3% fee.

Option 1: Full Payment

- Full payment of \$4,845 upon signing
- \$50 discount from full fee of \$4,895

Option 3: 4 Payments

- \$1,495 upon signing
- \$1,250 June 22, 2024
- \$1,150 July 31, 2024
- \$1000 on August 22, 2024

Option 2: 3 Payments

- \$1,795 upon signing
- \$1,600 June 28, 2024
- \$1,500 August 20, 2024

Option 4: 5 Payments

- \$1000 upon signing
- \$995 June 16, 2024
- \$975 July 10, 2024
- \$975 on August 6, 2024
- \$950 on August 30, 2024



EQUIPMENT PACKAGE

Included as part of the Raptors U15 2009 package:

- Personalized, high-quality Home and Away game jerseys.
- High quality Home and Away game socks.
- Personalized, high quality canvas hockey bag.
- High quality, 3-color pant shells.
- Track suits, jacket & pants.
- Pair of dry-fit athletic shorts.
- Dry-fit athletic tee shirt.
- Helmet Stickers



Optional equipment add on:

- Customized Raptors hockey gloves.

**Equipment & Apparel Package was \$535 in 23-24. It will be similar for 24-25.*

**Players must provide their own white helmet.*



#1 REASON TO BE A RAPTOR ???

Easy...!

Because after all of the ice time, the development, the culture, and the value - when it comes to the kids and our families...*we just know how to have the most fun and create the best memories !!!*



NOTES

