



Raptors Hockey Club

2024-25 Squirt AA Program Guide

ORGANIZATION

Affiliation:

Raptors Hockey Club is a member of USA Hockey under the local affiliate Carolina Amateur Hockey Association (CAHA)

Memberships:

Atlantic Coast Hockey Conference (ACHC)

Carolinas Hockey League (CHL)

Carolina Hockey Alliance (AAA)

Organization Executives:

- Stan Misthios
- Ed Levens
- Pam Mitchell
- Richard Tooke



RAPTORS Hockey Club

Philosophy:

In just 6 seasons, Raptors Hockey Club has quickly emerged as the “**Organization of Culture**” for youth hockey in Raleigh, NC.

Raptors HC provides an environment that will encourage our Coaches and Team Managers to act with autonomy to nurture and develop guidelines that will cater to the needs of the specific players and families on their team.

Raptors HC will work with Player Development and Player Advancement as our primary goal and guiding principle. Families of the hockey community will continue to look to us to provide a positive, structured, supportive, competitive, safe, and fun environment for their kids – and we will do everything to accept, respect, flourish and deliver under these responsibilities that we take seriously.

Raptors HC will continue to prioritize providing hockey families with more ice time, more programming, and more accountability for lower registration fees than the other local hockey groups.

See the next slide for an illustration of how our culture and approach off the ice provides direct, impactful results on the ice!!



WINNING Off the ice = WINNING On the Ice !



2023-2024

WIN 2 of the 3 NC Championships to represent CAHA at USA Hockey Nationals at Tier2

2022-2023

WIN 1 of the 3 NC Championships to represent CAHA at USA Hockey Nationals at Tier2



2023-2024

Of the 6 teams that the Raptors had in the CHL - 3 of them WON the CHL Championship (50% winning rate)

2022-2023

Raptors had 10 teams play in the league – 5 of them WON the CHL Championship (50% winning rate), and 2 others finishing as runner up finalist.



2023-2024

Raptors had more players selected to the rosters than any other Club, making up 45.7% of the total players chosen at tryouts.

2022-2023

Raptors had 34.8% of the players selected to the final rosters – more than any other Club.



2023-2024

For the Inaugural season of the ACHC, the Raptors had teams participate in each of the 2 divisions that the new Conference launched.

No Championships, but 1 of our 2 teams gave themselves a chance by reaching the Finals.



SQUIRT AA TEAM

Team Staff:

Head Coach – Jasen Rintala

Team Manager – TBA

Asst Coach – Michael Lasonde

Asst Coach – TBD

Asst Coach – TBD

Team Roster:

Team will roster a total of 16 or 17 players.

(Either 9/6/1 or 10/5/2 or 9/6/2)

Competitive Level:

Squirt AA Locally

Squirt AA & potentially Upper A outside of Raleigh



SQUIRT AA 2024-25 Head Coach

Jasen Rintala

After spending his first season as a Raptors as an Assistant Coach with our Pee wee AA team during the 2023-24 season, Jasen will be serving as the Head Coach of the Raptors SQA team for the 2024-25 season.

Jasen has an abundance of hockey and coaching experience. In addition to his inaugural season with the Raleigh Raptors he was also a coach and on ice development administrator with the Cape Fear Youth Hockey Association.

Some of Coach Jasen's Hockey History

Youth Hockey Played near hometown of Calumet, Michigan

1992-93 USHL Dubuque Fighting Saints

1993-94 USHL Dubuque Fighting Saints

1994-95 NCAA Minnesota State University, Mankato

1995-96 NCAA Minnesota State University, Mankato

1996-97 NCAA Minnesota State University, Mankato

1997-98 NCAA Minnesota State University, Mankato

1998-2006 :

Multiple seasons of Minor-Pro Hockey in the CHL that included Nashville, Oklahoma City, Fayetteville, as well as Greensboro, and Cape Fear of the ECHL.



HOME ICE

- The Raptors Hockey Club will once again contract its ice slots for consistency of home game times:
 - **Saturday's for 4 games.** Saturday home games during the 2023-24 season were 3:15pm & 4:45pm, 6:15pm & 7:45pm @ Factory Wake Forest, per contracted ice.
 - **Sunday's for 4 games.** Most Sunday home games during the 2023-24 season were 6:45am, 8:15am, 9:45am & 11:15am @ Factory Wake Forest, per contracted ice.
- Allotted Ice Time for Games : 75 & 90 min
- Minimum number of Home weekends : 6
 - Potential for adding a 7th home weekend as practice or games.



GAMES

The team will plan to play in the CHL or ACHC. (possibility exists that it could switch to Independent) :

- 16 Games = CHL league games
- 8 Games = "Home & Home" exhibition matchups
- 16 Games = 4 Tournaments (potential for extra games)

2024-25 H&H Targets will be (some of which are already locked in) :

The St. James**

Jr. Hurricanes*

Reston Raiders*

Carolina Rage*

Potomac Patriots**

Charleston Jr. Stingrays*

Queen City Royals*

Triad Storm

Carolina Premier*

** Teams played in 2023-24 Season ** Teams played in 2022-23 Season*

Families should be prepared to make trips to some but not all the following locations:

D.C. Area

Charlotte, NC

Hershey, PA

Nashville, TN*

Detroit, MI*

Jacksonville, FL

Greer, SC

Pittsburgh, PA*

Charleston, SC

Rochester, NY*

South Bend, IN*

Lake Placid, NY

****Potential supplementary Carolina Alliance AAA tournament locations for some of our Raptors SQAA players.***

Total Games: 40-42, of which 18-22 will be games in Raleigh.



Extra AAA Tournament Opportunity



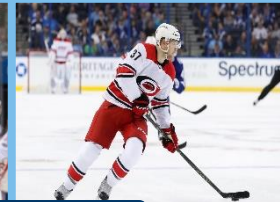
The Raleigh Raptors are a founding Member Club of the Carolina Alliance. This initiative is a joint effort of several CAHA Tier 2 Clubs to provide select players the opportunity to play 15-18 additional games at AAA tournaments.

Summer Tryout session to select players from the member hockey clubs that will play in 3 AAA tournaments to take place June 4-5 in Charlotte, NC.

**The fee for Carolina Alliance in 2023-24 was \$595 for 2 tournaments.*



ONCE THE PASSION FOR TRAINING HAS BEEN IGNITED... DREAMS CAN COME TRUE !!!



Here are some players that the Raptors Development Staff worked with when they were just kids...

Top Left Clockwise - Brent Burns, Trevor Daley, Daniel Carcillo, Tyler Seguin, Warren Foegele, John Tavares, Malcolm and PK Subban, Joshua Ho Sang, Michael Cammalleri, Michael Vernace, Anthony Nigro, Matthew Pelech, Daniel Girardi, Chris Terry.



ICE TIME & DEVELOPMENT

Pre-Season Team Training Camp:

- 6 Hours On Ice (3 days over full weekend in mid or late August)

On Team Ice Practice:

- 1 Hour Weekly (traditionally @ Factory Wake Forest, but could potentially be rotated)*
- 2023-24 Time Slot : Friday 6:15pm-7:15pm @ Raleigh IcePlex.
- 2024-25 Time Slot : Likely to be 5:00pm OR 6:00pm @ Raleigh IcePlex.

On Ice Development:

- 1 Hour Weekly, 2023-24 was Mon 6:15pm @ Factory Wake Forest (Skating/Agility/Puck)
- 1 Hour Weekly, 2023-24 was Thurs 6:00pm @ Factory Wake Forest (Shooting & Scoring)

Total On Ice for Team Practice & Development : 84 Hours!



Pre Season Training Camp

Will take place in August 2024, featuring both ON and OFF ICE team building sessions daily :

• OFF ICE FEATURES

- Player Handbook
- Individual and Team Goal Setting
- Hockey System Implementation
- Personal Brand Statements
- Personal ABC's
- Concussion Symposium
- Nutrition Guidelines
- Fitness Evaluation
- Agility and Strength Work
- Team Lunch and/or dinner

• ON ICE FEATURES

- Hockey System Implementation
- Agility and Strength Work
- Player Evaluations
- PTH Hockey Instruction
- Power Skating
- Shooting and Scoring
- Puck Control
- Skating Treadmill
- Passing & Puck Movement
- Defensive Zone Coverage



EXTRA TRAINING & DEVELOPMENT

The team will take full advantage of the Prime Time Hockey training facility in 2 ways:

- 8 90-min Team Training sessions for an additional 12 hours of training & development
- 1 bi-weekly 30min team shooting session in small groups following the teams on ice sessions that are at The Factory.*

**small group shooting sessions can be scheduled on any of the on-ice days the team prefers. The sessions will be a rotation of different players each week.*



SPECIALIZED EXTRA TRAINING & DEVELOPMENT

ALL Raptors Squirt AA players will receive a complimentary semi-private session from Prime Time Hockey:

- Sessions will take place during the “Stick/Puck” or “Hockey Camp” ice times offered at Factory Ice House
- Sessions will be 60 minutes in length
 - *Families will be required to cover the cost for Stick/Puck or Hockey Camp Registration.*



THE DEVELOPMENT PROCESS

Part of the Development Process for the Raptors Squirt AA Team will be to have an open line of communication with players and parents thru Individual Evaluations.

The coaching staff will conduct individual player evaluations 3 times during the hockey season:

- 1) Post Training Camp Evaluation. (Written & In Person)
- 2) Mid-Season Evaluation. (Written)
- 3) Final Evaluation at Season's End. (Written & In Person)



OUR COLORS



COMMUNITY SERVICE

In addition to developing our players on the ice, Raptors HC aims to have our players help to develop and improve parts of our local community.

It will be a goal to have our entire Squirt AA team to participate together in a minimum of 3 hours of Community Service.



During the Club's first 6 seasons, Raptors teams have created and delivered large care packages for U.S. Troops stationed overseas, filled Xmas Stockings for both a senior citizens home and kids that were impacted by Hurricane Florence, organized a food drives, and cleaned a local Creek. The Club has also participated in the JDRF One Walk for Type 1 Diabetes awareness and fundraising.



VALUE

We ENCOURAGE you to compare:

- 102 Total Hours of Training & Development.
- 102 Total Hours of Training & Development under the supervision of a Head Coach with over 30 years of experience working and directing advanced Hockey curriculums.
- The SQAA team will be the only group on the ice for team practice.
- 40+ Hockey Games.
- Set days and location for Home Games.

All for a Registration Fee of \$4,485

**Equipment & Apparel package for 2023-24 was \$535. An 'A La Cart' menu will be made available for returning Raptors that don't require entire package.*



Payment Options

There will be 4 options available for payment of registration fees.

All payments made by credit card will be subject to an additional 3% fee.

Option 1: Full Payment

- Full payment of \$4,435 upon signing
- \$50 discount from full fee of \$4,485

Option 3: 4 Payments

- \$1,285 upon signing
- \$1,150 June 16, 2024
- \$1,075 July 17, 2024
- \$975 August 18, 2024

Option 2: 3 Payments

- \$1,785 upon signing
- \$1,400 June 28, 2024
- \$1,300 August 16, 2024

Option 4: 5 Payments

- \$995 upon signing
- \$895 June 6, 2024
- \$875 July 2, 2024
- \$865 August 4, 2024
- \$855 August 31, 2024



EQUIPMENT PACKAGE

Included as part of the Raptors Squirt AA package:

- Personalized, high-quality Home and Away game jerseys.
- High quality Home and Away game socks.
- Personalized, high quality canvas hockey bag.
- High quality, 3-color pant shells.
- Track suits, jacket & pants.
- Pair of dry-fit athletic shorts.
- Dry-fit athletic tee shirt.
- Helmet Stickers



Optional equipment add on:

- Customized Raptors hockey gloves.

**Equipment & Apparel Package was \$515 in 22-23. It will be similar for 23-24.*

**Players must provide their own white helmet.*



#1 REASON TO BE A RAPTOR ???

Easy...!

Because after all of the ice time, the development, the culture, and the value - when it comes to the kids and our families...*we just know how to have the most fun and create the best memories !!!*



NOTES

