



# Raptors Hockey Club

---

2024-25 U16A Program Guide

# ORGANIZATION

---

## Affiliation:

Raptors Hockey Club is a member of USA Hockey under the local affiliate Carolina Amateur Hockey Association (CAHA)

## Memberships:

**Carolinas Hockey League (CHL)**

**Atlantic Coast Hockey Conference (ACHC)**

**Carolina Hockey Alliance AAA (CHA)**

## Organization Executives:

- Stan Misthios
- Ed Levens
- Pam Mitchell
- Richard Tooke



# RAPTORS Hockey Club

---

## Philosophy:

In just 6 seasons, Raptors Hockey Club has quickly emerged as the “**Organization of Culture**” for youth hockey in Raleigh, NC.

Raptors HC provides an environment that will encourage our Coaches and Team Managers to act with autonomy to nurture and develop guidelines that will cater to the needs of the specific players and families on their team.

Raptors HC will work with Player Development and Player Advancement as our primary goal and guiding principle. Families of the hockey community will continue to look to us to provide a positive, structured, supportive, competitive, safe, and fun environment for their kids – and we will do everything to accept, respect, flourish and deliver under these responsibilities that we take seriously.

Raptors HC will continue to prioritize providing hockey families with more ice time, more programming, and more accountability for lower registration fees than the other local hockey groups.

**See the next slide for an illustration of how our culture and approach off the ice provides direct, impactful results on the ice!!**



# WINNING Off the ice = WINNING On the Ice !



## 2023-2024

WIN 2 of the 3 NC Championships to represent CAHA at USA Hockey Nationals at Tier2

## 2022-2023

WIN 1 of the 3 NC Championships to represent CAHA at USA Hockey Nationals at Tier2



## 2023-2024

Of the 6 teams that the Raptors had in the CHL - 3 of them WON the CHL Championship (50% winning rate)

## 2022-2023

Raptors had 10 teams play in the league – 5 of them WON the CHL Championship (50% winning rate), and 2 others finishing as runner up finalist.



## 2023-2024

Raptors had more players selected to the rosters than any other Club, making up 45.7% of the total players chosen at tryouts.

## 2022-2023

Raptors had 34.8% of the players selected to the final rosters – more than any other Club.



## 2023-2024

For the Inaugural season of the ACHC, the Raptors had teams participate in each of the 2 divisions that the new Conference launched.

No Championships, but 1 of our 2 teams gave themselves a chance by reaching the Finals.



# 2023-2024 RALEIGH RAPTORS U16 A TEAM



2023-24 CAROLINAS HOCKEY LEAGUE CHAMPIONS !

# U16A TEAM

---

## Team Staff:

Head Coach – Richard Tooke

Team Manager – TBA

Assistant Coach – Curran Murphy

Assistant Coach – Will Tooke

Assistant Coach – TBA

## Team Roster:

Team will roster a total of 19 or 20 players.

(Either 11/6/2 or 10/7/2 or 12-6-2)

## Competitive Level:

Locally in Raleigh: A

League Level: A

Outside of Raleigh: A



# HOME ICE

---

- The Raptors Hockey Club will once again contract its time slots for home games:
  - **Saturday's for 1 game.** Saturday home games during the 2023-24 season were 3:15pm & 4:45pm, 6:15pm & 7:45pm @ Factory Wake Forest, per contracted ice.
  - **Sunday's for 1 game.** Sunday home games during the 2023-24 season were 6:45am, 8:15am, 9:45am OR 11:15am @ Factory Wake Forest, per contracted ice.
- Allotted Ice Time for Games : 75 & 90 min
- Number of Home weekends : 6
  - Potential for adding a 7<sup>th</sup> home weekend as practice or games.





# GAMES

**The team will plan to play in the ACHC or CHL if the appropriate division is available.**

- 24 Games = "Home & Home" matchups vs 6 teams, could include CHL schedule
- 16 Games = 4 Tournaments (potential for extra games)
- 2 Games = Team will be open to adding Exhibition or Extra Games

## 2024-25 H&H Targets will be:

**The St.James  
Jr. Hurricanes**

**Queen City Royals  
Carolina Premier**

**Triad Storm  
NC Force**

**Potomac Patriots  
Hampton Roads Whalers**

## 2022-23 Tournament Targets will be:

**Raleigh (Local)**

**Charleston, SC**

**Hershey, PA**

**Charlotte, NC**

**D.C. Area**

**Total Games: 40-42, of which 20-22 will be games in Raleigh.**





# ICE TIME & DEVELOPMENT

---

## **Pre-Season Team Training Camp:**

- 6 Hours On Ice (Most likely over one full weekend in August 2023)

## **On Ice Practice:**

- 2 Hours Weekly (most likely @ Factory Wake Forest, but could potentially move)
- 2023-24 Time Slot : Day varied between Tues & Thursday @ Factory Wake Forest.
- 2023-24 Time Slot : Times varied between 4:15pm, 8:30pm & 9:15pm.

## **On Ice Development:**

- 1 Hour Bi-Monthly, 2023-24 was Mon 8:45pm @ Factory Wake Forest (Skating/Agility/Puck)\*
- 1 Hour Bi-Monthly, 2023-24 was Thur 7:15pm @ Factory Wake Forest (Shooting & Scoring)\*

*\*Schedule for 2024-25 sessions could vary slightly...at least one likely to stay same.*

**Total On Ice for Team Practice & Development : 60 Hours**



# Pre Season Training Camp

---

Will take place in August 2024, featuring both ON and OFF ICE team building sessions daily :

## • OFF ICE FEATURES

- Individual and Team Goal Setting
- Player Handbook
- Hockey System Implementation
- Personal Brand Statements
- Personal ABC's
- Concussion Symposium
- Nutrition Discussion
- Fitness Evaluation
- Agility and Strength Work
- Team Lunch and/or dinner

## • ON ICE FEATURES

- Hockey System Implementation
- Agility and Strength Work
- Player Evaluations
- PTH Hockey Instruction
- Power Skating
- Shooting and Scoring
- Puck Control
- Skating Treadmill
- Passing
- Defensive Zone Coverage



# EXTRA TRAINING & DEVELOPMENT

---

**The team will take full advantage of the Prime Time Hockey training facility in 2 ways:**

- 6 90-min Team Training sessions for an additional 9 hours of training & development
- All Raptors U16A players will receive 1 complimentary semi-private lessons from Prime Time Hockey:
  - Sessions will take place during the Stick/Puck or Hockey Camp ice times offered at Factory Ice House
  - Sessions will be 60 minutes in length

*\*Families will be required to cover the cost for Stick/Puck fee*



# THE DEVELOPMENT PROCESS

---

Part of the Development Process for the Raptors U16A Team will be to have an open line of communication with players and parents thru Individual Evaluations.

The coaching staff will conduct individual player evaluations in 3 phases during the hockey season:

- 1) Post Training Camp Evaluation. (Written and in person)
- 2) Mid-Season Evaluation. (Written)
- 3) Final Evaluation at Season's End. (Written and in person)



# OUR COLORS



# COMMUNITY SERVICE

In addition to developing our players on the ice, Raptors HC will continue to have our players to help develop and improve parts of our local community.

It will be a goal to have our entire U16A team participate together in a minimum of 3 hours of Community Service.



*Over the past 5 seasons the Raptors filled and delivered Xmas Stockings for a senior citizens home and disaster victims, participated in the JDRF One Walk for Type 1 Diabetes awareness and fundraising. As well, the Covid-19 Pandemic did not stop our players from organizing both Toy Drive and Food Drive donation campaigns.*



# Payment Options

---

There will be 4 options available for payment of registration fees.

All payments made by credit card will be subject to an additional 3% fee.

## Option 1: Full Payment

- Full payment of \$3,965 upon signing
- \$50 discount from full fee of \$4,015

## Option 3: 4 Payments

- \$1,295 upon signing
- \$985 June 11, 2024
- \$885 July 14, 2024
- \$850 on August 20, 2024

## Option 2: 3 Payments

- \$1,595 upon signing
- \$1,220 June 22, 2024
- \$1,200 August 8, 2024

## Option 4: 5 Payments

- \$995 upon signing
- \$850 June 6, 2024
- \$795 July 9, 2024
- \$725 August 10, 2024
- \$650 September 8, 2024





# EQUIPMENT PACKAGE

## Included as part of the Raptors U16 package:

- Personalized, high quality Home and Away game jerseys.
- High quality Home and Away game socks.
- Personalized, high quality canvas hockey bag.
- High quality, 3-color pant shells.
- Track suits, jacket & pants.
- Pair of dry-fit athletic shorts.
- Dry-fit athletic tee shirt.
- Helmet Stickers



## Optional equipment add on:

- Customized Raptors hockey gloves.

*\*Equipment & Apparel Package was \$535 in 23-24. It will be similar for 24-25.*

*\*Players must provide their own white helmet and navy hockey gloves.*



# #1 REASON TO BE A RAPTOR ???

Easy...!

Because after all of the ice time, the development, the culture, and the value - when it comes to the kids...*we just know how to have the most fun and create the best memories !!!*



# NOTES

---

